

Amrit

OCEAN RESORT & RESIDENCES
WELLNESS FOR LIFE



a meeting planner's guide

L.V.X.SM

Preferred
HOTELS & RESORTS

our mission



AMRIT IS REDEFINING CONSCIOUS LIVING FOR OUR TEAM,
OUR GUESTS AND OUR COMMUNITY. WE ARE THE NEXT
GENERATION LUXURY-WELLNESS DESTINATION RESORT AND
RESIDENCES, PROVIDING COMPREHENSIVE PROGRAMMING
THROUGH OPTIMIZED, PERSONALIZED WELLNESS OF MIND,
BODY AND SPIRIT...IN A PRACTICAL WAY.

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dilip barot

FOUNDER

PEACE & HAPPINESS
TOWERS

With Amrit Ocean Resort & Residences, Dilip Barot is bringing ultimate wellness to Singer Island.

Peace and happiness. These two words not only guide every move real estate entrepreneur Dilip Barot makes in his personal and professional life, but they are also the names of the two new oceanfront towers under construction in Singer Island as part of his Amrit Ocean Resort & Residences (amritocean.com).

“We’re building a unique wellness lifestyle that combines inner science and modern science,” says Barot, “all while providing technology and support to enhance each individual.”

To maintain what he calls “optimum balance,” Barot (who emigrated to America from India in the 1980s and began his real estate career by managing and eventually buying motels) prays and meditates daily with his wife, regularly takes long walks on the beach and generally follows a vegetarian diet. As a livebetter-to-feel-better enthusiast, he knew he couldn’t leave anything to chance when it came to Amrit’s wellness offerings. That’s why he consulted with experts, including Yogi Amrit Desai, the founder of Kripalu, and Sue Harmsworth, the founder of ESPA, for insight before developing the property’s health and wellbeing amenities. They all agreed residents should receive a personal support system, including a coach and adviser, plus access to the entire development’s \$100 million worth of facilities and numerous programs. A space specialist is even on hand for those who wish to transform their units into full-on wellness cocoons.

At the end of the day, however, Barot insists the quest for balance and well-being is an individual journey. “Happiness is personal,” he says. “You have to find your own way.” Although he’s all too happy to point folks in the right direction.

we're creating a new way of doing business...



A PREMIER VENUE FOR BUSINESS PROFESSIONALS

With meeting facilities and executive conference capabilities for more than 200 people, Amrit is the perfect location for your next corporate meeting or event. Attendees will have full access to our resort, spanning across seven acres of pristine beachfront on Florida's Singer Island.



CENTRALLY LOCATED, INTENTIONALLY DESIGNED

Amrit is one of the few resorts in the U.S. where you are minutes from busy urban centers and airports yet feel as if you are on a private island getaway. Our central location allows guests to take advantage of shopping, dining and entertainment in West Palm Beach yet enjoy the peaceful tranquility and natural beauty of the coastal barrier island.



GIVE YOUR GUESTS THE GIFT OF MINDFULNESS AND WELLBEING

Amrit is much more than a destination venue. Our mission is rooted in restorative wellness modalities that combine eastern philosophy with western luxury. Here, guests will have the opportunity to embark on a journey toward greater physical health and mental well-being. An event at Amrit leaves a lasting imprint for all who visit.



resort features & amenities

- 155 guestrooms, including 34 suites
- Over 7 acres directly on the ocean with 300+ linear feet of pristine beach frontage
- 100,000 sq ft spa and wellness facility
- Private beachfront cabanas and full-service from umbrellas to chaise lounges, with beach waitstaff for food and drinks
- Oceanfront restaurant featuring a creative balance of Asian and Mediterranean cuisine with a South Florida flair. Enjoy views of the ocean by dining indoors or on the terrace
- Plant-based restaurant, AYRE, by Celebrity Chef Matthew Kenney
- Lobby Lounge serving innovative craft cocktails, healing elixirs, and an array of curated small plates
- Beachfront watersports
- Extensive lifestyle focused retail outlets
- Hair Health and Beauty Salon
- Tropically landscaped, third-level podium rooftop pool complete with cabanas, day beds and stunning views of the Atlantic Ocean
- Extensive indoor-outdoor fitness and mind-body offerings including a state-of-the-art oceanfront Technogym fitness equipment, personal training, Pilates, yoga and meditation
- Catering services
- Over 12,000 sq ft indoor and outdoor meeting and event space to include a 4,300 sq ft ballroom seating up to 350 guests, in addition to 3.5 acres of outdoor space
- Weddings and banquet services

AMENITIES AND SERVICES ARE SUBJECT TO CHANGE WITHOUT NOTICE.

RESORT POOL



KING GUEST BATHROOM



elevate your wellness journey in our luxury guestrooms and wellness residences

OUR RESORT CAPTURES THE ESSENCE OF LIVING WELL

From sprawling wellness residences to intimate guest rooms with incredible ocean views of the Atlantic, Amrit is the perfect luxury wellness setting during your stay on Singer Island.

Our luxuriously appointed rooms and suites provide an oasis of comfort and a space to recharge and rejuvenate.

introducing our luxury guest rooms



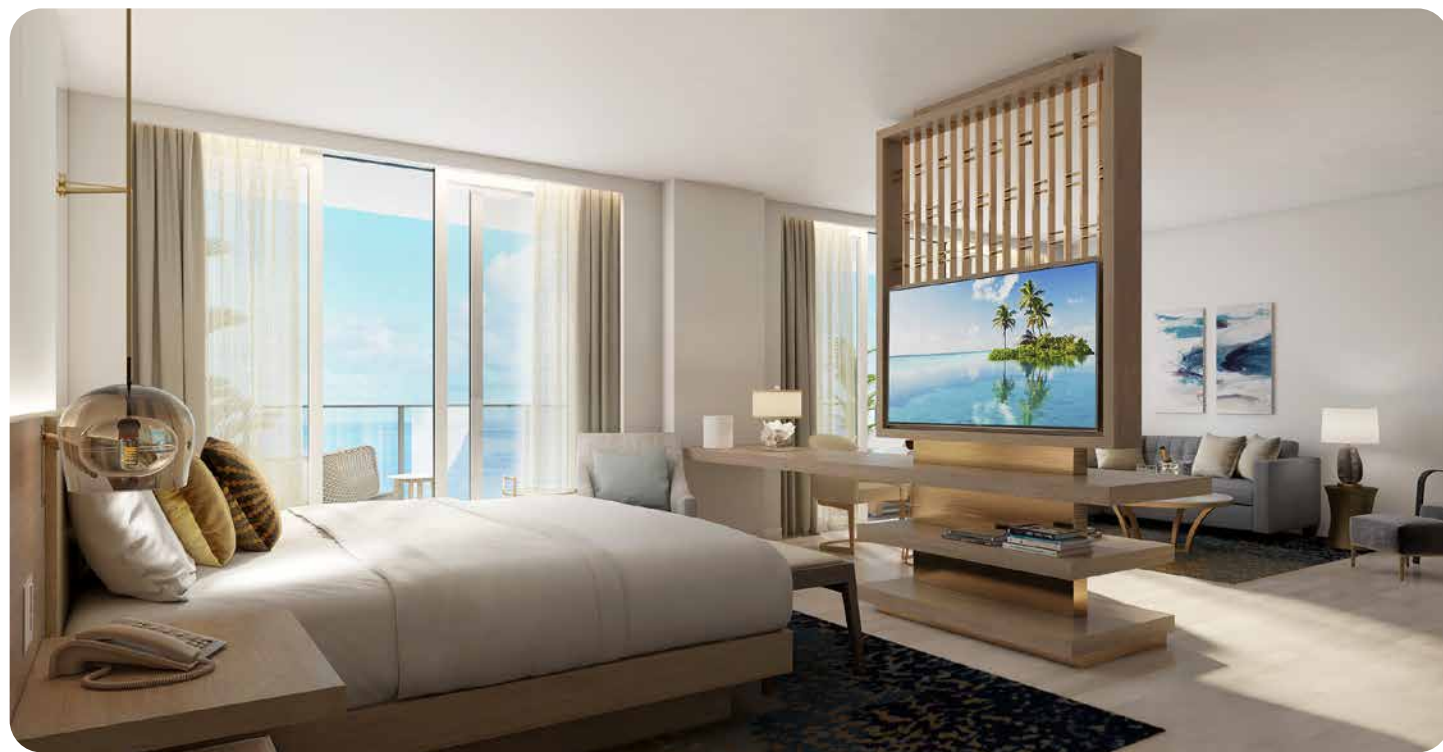
PREMIER OCEAN VIEW TWO QUEENS

An oasis of comfort featuring two queen beds, a seating area, and private terrace.



DELUXE OCEAN VIEW TWO DOUBLES

Serene and spacious guestroom that features a king bed, seating area, and a private terrace.



PREMIER OCEAN VIEW KING

Serene and spacious guestroom that features a king bed, seating area, and a private terrace.



DELUXE OCEAN VIEW KING

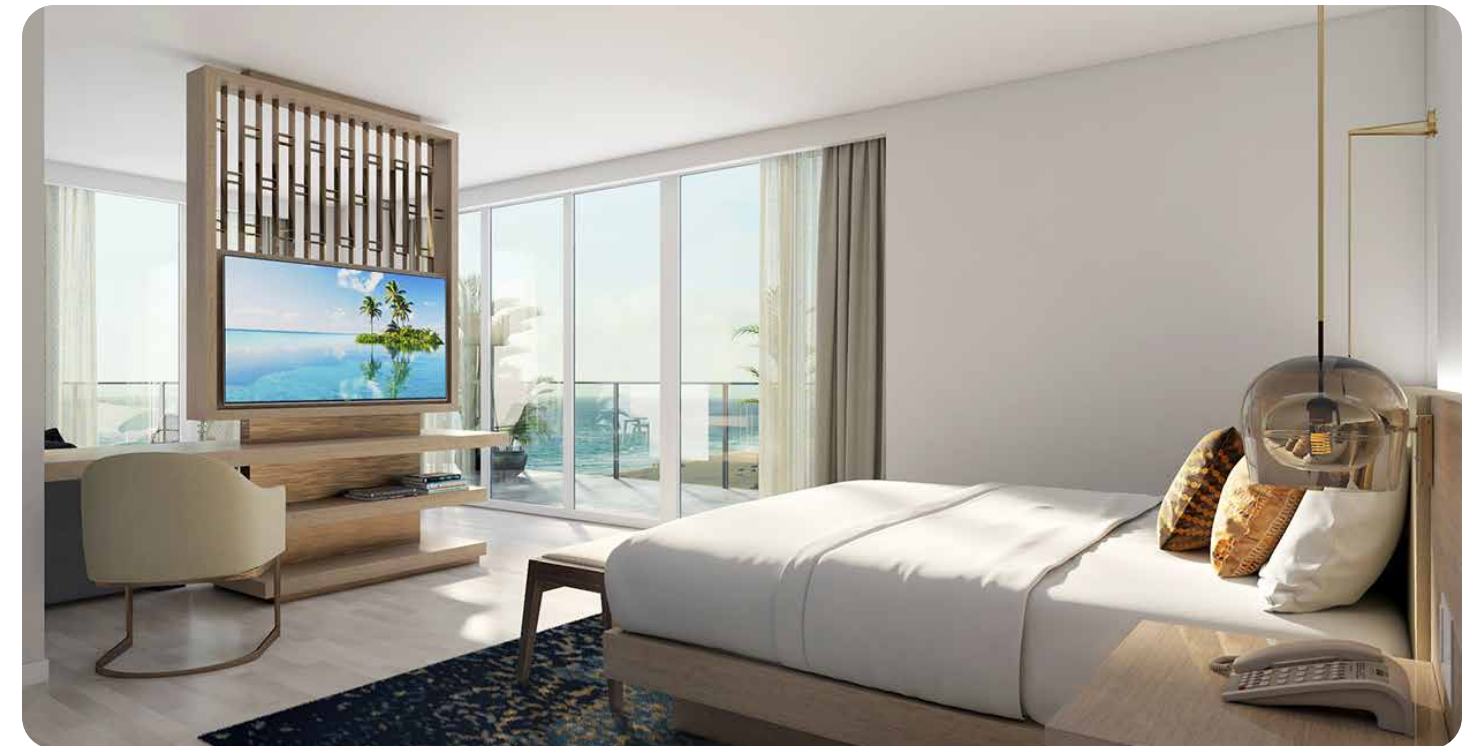
Luxuriously appointed ocean view guestroom with king bed, seating area, and private balcony.

introducing our luxury suites



OCEAN FRONT ONE BEDROOM SUITE

Luxurious one bedroom king suite featuring a separate living area, dining room table, and direct views of the ocean.



JUNIOR SUITE KING

King suite featuring a separate seating area and private balcony to enjoy the fresh ocean breezes.



OCEAN FRONT JUNIOR SUITE KING

Ocean facing, spacious king suite with separate seating area and unobstructed views of the Atlantic.

all room amenities include:

- Amrit Signature Bed
- Luxury Eco Friendly Private Labeled Bath Amenities
- Separate Private Shower
- Lighted Make-Up and Shaving Mirror
- Two Amrit Custom Spa Robes and Slippers
- 24-hour Oceanfront Fitness Center
- 24-hour In-Room Dining
- Yoga Mat
- Lavazza Coffee Machine
- Balcony With Seating Area
- Soaking Tub with Amrit Private Labeled
- Private WC
- Hairdryer
- Access to Daily Scheduled Wellness Activities
- Wellness Mini Bar
- Turndown Service
- On Demand Virtual Workouts

re-imagine your next corporate meeting
AT AMRIT OCEAN RESORT ON SINGER ISLAND



Amrit
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HOTELS & RESORTS



HIBISCUS BALLROOM

Amrit creates an environment that provides the opportunity to bring stakeholders together and cultivates growth for your company. We provide meeting space with the latest technology to support teams of all sizes. As guests, your team will also have the opportunity to embark on a wellness journey to greater physical and mental well-being.

services & amenities include:

- Over 12,000 sq ft of Indoor and Outdoor Meeting and Event Space
- 155 Guest Rooms and Suites Each with Views of the Ocean
- Grand Lobby Lounge and Bar Area
- 24-hour Valet, Concierge and Front Desk Attendants
- Private Beach with Attended Cabanas, Towels and Umbrellas
- Oceanfront Indoor/Outdoor Fitness
- Zone Offering Yoga, Pilates, Meditation Studios, Classes, and a State-of-the-art Fitness Center with Technogym Equipment
- Five on-site Dining Outlets Catering Services
- Full-service Convention Services Team



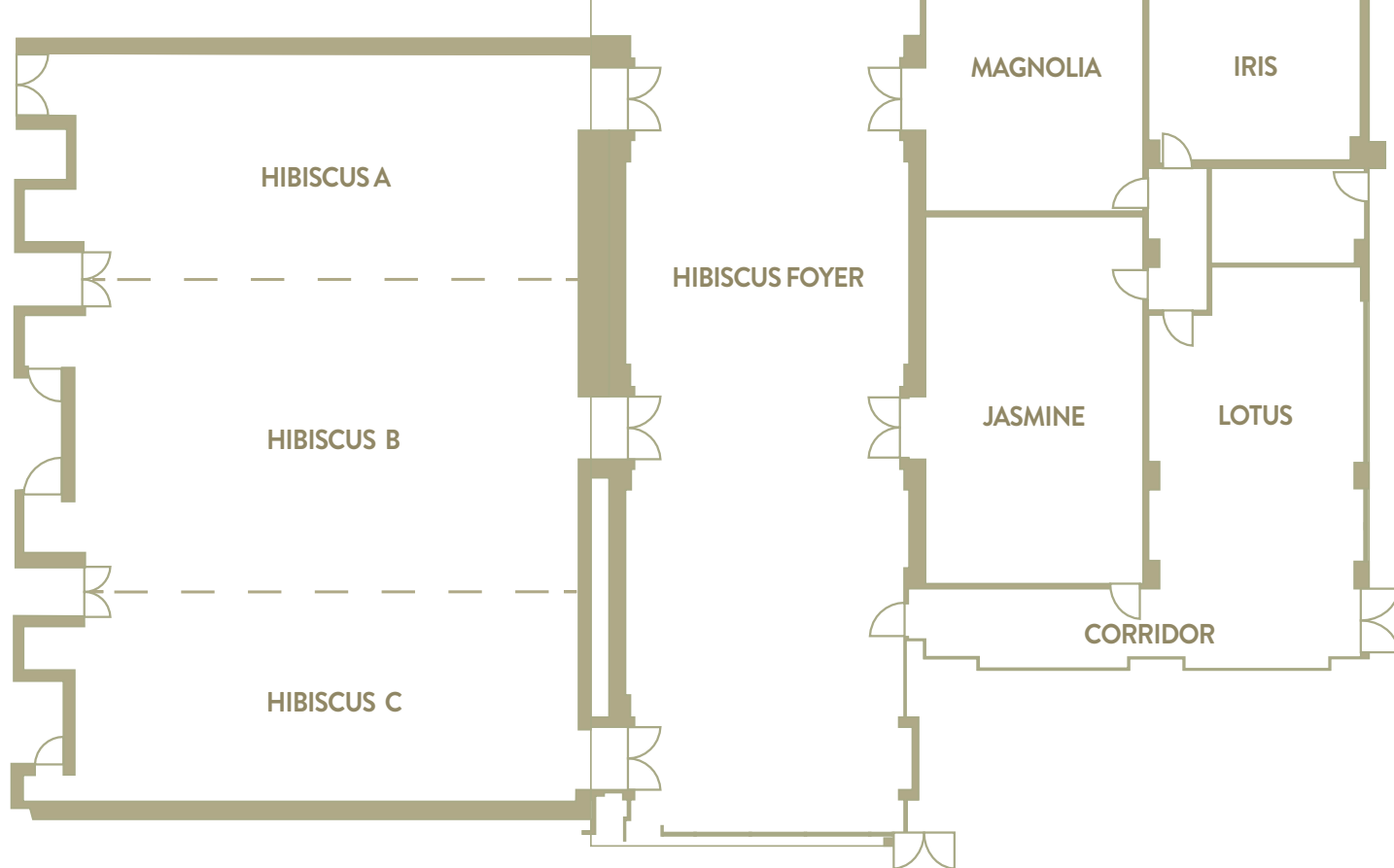
HIBISCUS PRE-FUNCTION FOYER



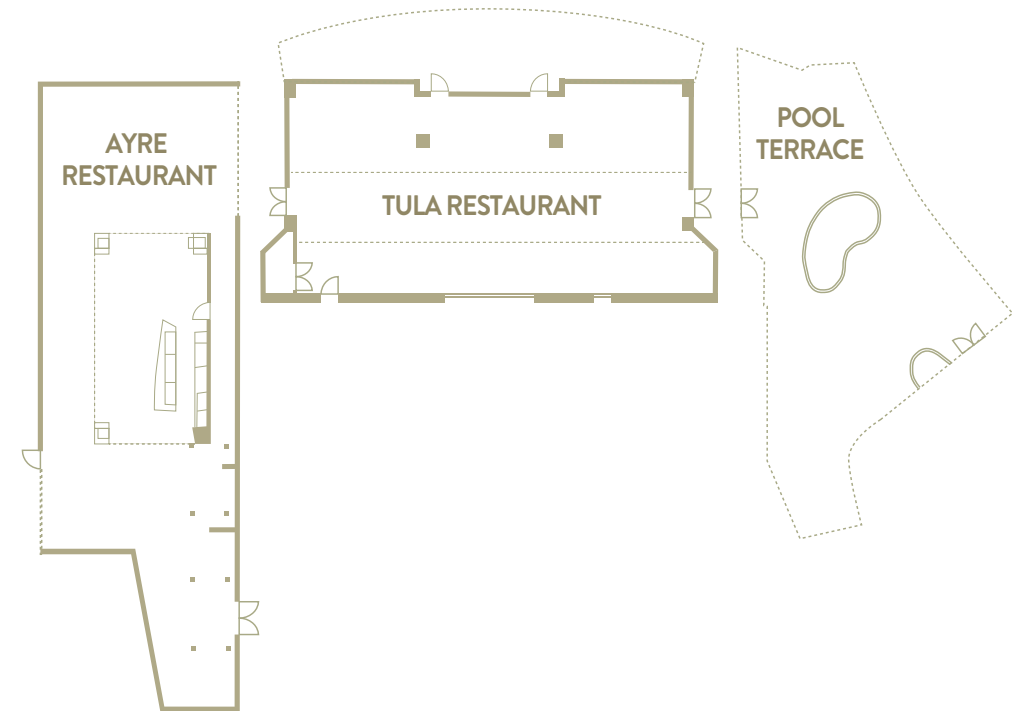
HIBISCUS MEETING ROOM

function spaces & capacity charts

MEETING ROOMS FLOORPLAN



RESTAURANTS & POOL TERRACE FLOORPLANS



RESTAURANTS CAPACITY CHART

DINING SPACE	WIDTH (APPROX)	LENGTH (APPROX)	CEILING HT.	SQ. FT.
TULA	42'	80'	NA	3,500
AYRE (INDOOR)	38'	21'4"	NA	850
AYRE (OUTDOOR TERR.)	28'	49'6"	NA	1,850
POOL TERRACE	86'	62'	NA	6,225

MEETING ROOMS CAPACITY CHART

FUNCTION SPACE	SQ. FT.	DIMENSIONS	CEILING HT.	CLASSROOM	THEATRE	BOARD RM	BANQUET	U-SHAPE	RECEPTION	HOLLOW SQ.
HIBISCUS	4,300	54' 10" x 78' 4"	24'	216	476	70	320	84	425	100
HIBISCUS A	1,433	54' 10" x 24' 6"	24'	72	144	40	90	45	140	48
HIBISCUS B	1,574	54' 10" x 29' 1"	24'	72	144	40	90	45	140	48
HIBISCUS C	1,433	54' 10" x 24' 6"	24'	72	144	40	90	45	140	48
HIBISCUS FOYER	2,552	29' 0" x 88' 0"	24'	-	-	-	-	-	320	-
JASMINE	800	22' 4" x 36' 0"	10'	36	90	28	50	30	75	36
MAGNOLIA	660	22' 4" x 30' 4"	10'	30	80	24	40	24	65	30
IRIS	485	21' 5" x 22' 3"	10'	24	40	16	30	18	50	18
LOTUS	860	21' 5" x 39' 0"	10'	30	30	22	30	24	85	24





corporate wellness take your team to new heights, inspire breakthroughs

CORPORATE WELLNESS RETREATS
ARE A PERFECT WAY TO CONNECT & RECHARGE

Imagine a corporate culture that fosters mind and body connection while inspiring employees to achieve new levels of flow and innovation. At Amrit, our world-renowned leaders in science and health have designed programming for corporate wellness retreats to help teams reignite their passion and restore their well-being.

amrit's corporate wellness packages include:

PERSONAL WELLNESS SUPPORT SESSIONS (PRE-ARRIVAL, AT CHECK-IN AND AT DEPARTURE)

INTEGRATED WELLNESS SERVICES:

TRADITIONAL CHINESE MEDICINE, SOUND THERAPY/LIGHT OR AYURVEDIC SPA TREATMENT

90-MINUTE SPA TREATMENTS

FLOAT THERAPY OR BODY SCRUB ENHANCEMENTS

PERSONAL TRAINING SESSIONS:

YOGA, MEDITATION, PILATES OR PERSONAL TRAINING

EVENING LECTURE AND/OR SATSANG

DEPART WITH A PERSONAL WELLNESS ROADMAP AND 90 DAYS OF PERSONAL WELLNESS SUPPORT

FOR MORE INFORMATION PLEASE EMAIL WELLNESS@AMRITOCEAN.COM

de-stress, replenish, and boost energy

YOUR ROADMAP WILL IDENTIFY AND CREATE MONTHLY MILESTONES FOR:

Nutrition, fitness, mindfulness, sleep and relaxation (or stress management) so you can practice wellness every day. Additionally, the Personal Wellness Coordinator provides 24x7 support and the tools, tips, & relevant technology to help you achieve results.

ALLOW US TO TAKE YOU ON A FIVE DAY JOURNEY,
EXPERIENCING EVERYTHING AMRIT HAS TO OFFER

1

DAY ONE - ARRIVAL

4PM CHECK IN & ARRIVAL - GREETED WITH SIGNATURE ELIXIR & AMOUSE BOUCHE
CUSTOM MEETING AGENDA PROVIDED FOR EACH GUEST ROOM
6PM - 8PM WELCOME RECEPTION - POOL TERRACE WITH OCEAN VIEW
INCLUDES (2) HOUR PREMIUM BAR, (5) PASSED HORS D' OEUUVRES (1) CHEF ACTION STATION
- 8PM FREE TIME -

2

DAY TWO - LET'S GET DOWN TO BUSINESS

8AM - 5PM GENERAL SESSION - HIBISCUS BALLROOM
8AM - 9AM FULL BREAKFAST BUFFET
11AM - 11:15AM MORNING BREAK - HIBISCUS FOYER
12:30PM - 1:30PM MEDITERRANEAN LUNCH BUFFET
1:30PM - 3:00PM BREAKOUT SESSIONS - MAGNOLIA & JASMINE BOARDROOMS
3PM - 3:15PM AFTERNOON BREAK
6PM - 9PM PERUSE THE AMRIT F&B OUTLETS: AYRE, TULA, TAAZA & LALA - \$75 MEAL CREDIT
9PM - 10PM AFTER GLOW IN THE SPA GARDENS

3

DAY THREE - RISE & SHINE

9AM - 3:30PM GENERAL SESSION - HIBISCUS BALLROOM
8AM - 9AM GROUP YOGA ON THE BEACH
9AM - 10AM WORKING BREAKFAST - HIBISCUS BALLROOM
1PM - 2PM ISLAND TIME LUNCH BUFFET - POOL TERRACE
2PM - 3:30PM TEAM BUILDING ON THE BEACH
3:30PM EXPLORE THE SPA & FITNESS FACILITIES
6PM MEET IN LALA LOUNGE FOR SIGNATURE ELIXIR
6:30PM DEPART TO OFFSITE DINNER - SAILFISH MARINA

4

DAY FOUR - FOCUS

8AM - 9AM YOGI LED MEDITATION ON THE BEACH
9AM - 5PM GENERAL SESSION - HIBISCUS BALLROOM
9AM - 10AM WORKING BREAKFAST - HIBISCUS BALLROOM
12:30PM - 2PM COOKING DEMONSTRATION & PLATED LUNCH - AYRE TERRACE
3PM - 3:15PM AFTERNOON BREAK
2PM - 3PM BREAKOUT SESSIONS - MAGNOLIA & JASMINE BOARDROOMS
6:30PM - 9PM ARABIAN NIGHTS DINNER ON THE BEACH -

5

DAY FIVE - FOND FAREWELL

8AM - 12PM GENERAL SESSION - HIBISCUS BALLROOM
8AM - 9AM FULL BREAKFAST BUFFET
- 11AM CHECKOUT -
12PM GRAB & GO BOXED LUNCH - HIBISCUS FOYER

\$1,800 PER PERSON BASED ON 50 GUESTS, NOT INCLUDING GUEST ROOM



make your next
social affair unforgettable

contact the catering department
to learn more about our beachside social event

Whether it's a cocktail reception, anniversary or birthday, amrit offers an elegant venue for your next social affair with an abundance of natural beauty and modern amenities rooted in wellness.



OUTDOOR BEACH PARTIES:

- Arabian Nights
- Polynesian Luau
- Malibu Beach Party
- New England Clambake
- The Zen Picnic
- Corporate Survivor Team Building

INDOOR BALLROOM PARTIES

- Arabian Nights
- All White Party

[CLICK HERE TO VIEW OUR BANQUET MENU](#)

preferred vendors

FLORISTS & EVENT DESIGN

TOM MATHIEU | WWW.TOMMATHIEU.COM | (561) 833-2179
RENNY & REED | WWW.RENNYANDREED.COM | (561) 776-1122
SPECIAL EVENT RESOURCE GROUP | WWW.SPECIALEVENTRESOURCE.COM | (561) 686-7757
RICHARD GRILLE EVENTS | WWW.RICHARDGRILLEEVENTS.COM | (561) 766-1637
DANIEL EVENTS (BENNY & PAM) | WWW.DANIELEVENTS.COM | (561) 393-1432

FULL-SERVICE EVENT PRODUCTION & DESIGN

EVENT EFFECTS GROUP (STEVE) | WWW.EVENTEFFECTSGROUP.COM | (954) 990-1944
ALIBABA EVENTS | WWW.ALIBABAEVENTS.COM | (305) 888-8599
A HOT PARTY (SPENCER) | WWW.AHOTPARTY.COM | (954) 288-5672

SPECIALTY LIGHTING

EVENT EFFECTS GROUP | WWW.EVENTEFFECTSGROUP.COM | (954) 990-1944
FROST LIGHTING | WWW.FROSTPRODUCTION.BIZ | (954) 957-8402
HY-LITE (MIKE) | WWW.HYLITE.COM | (561) 820-1414

PHOTOGRAPHY

CHRIS JORIANN PHOTOGRAPHY | WWW.CHRISJORIANN.COM | (561) 776-0099
CAPEHART PHOTOGRAPHY | WWW.CAPEHARTPHOTOGRAPHY.COM | (561) 833-7507
ALAIN MARTINEZ STUDIO | WWW.ALAINMARTINEZ.COM | (786) 888-9111
MUNOZ PHOTOGRAPHY | WWW.MUNOZPHOTOGRAPHY.COM | (954) 564-7150

VIDEOGRAPHY

MICHAEL LAFRANCE | WWW.LAFRANCEFILMS.COM | (561) 703-6158
LOU KULYNYCH | WWW.LKVIDEO.COM | (561) 400-1121
SENDEREY VIDEO | WWW.SENDEREYVIDEO.COM | (954) 748-8999

MUSIC & ENTERTAINMENT

MUSIC WORKS | WWW.MUSICWORKSTALENT.COM | (561) 683-1263
EAST COAST ENTERTAINMENT | WWW.BOOKECE.COM | (800) 811--4496
THE ZANADU GROUP | WWW.ZANADUGROUP.COM | (954) 986-9488
TROPICS ENTERTAINMENT | WWW.TROPICSENTERTAINMENT.COM | (305) 531-3468
MIKE SIPE ENTERTAINMENT | WWW.MIKESIPEENTERTAINMENT.COM | (954) 782-9118
LOVELOCK MUSIC GROUP | WWW.LOVELOCKMUSICGROUP.COM | (561) 963-5056
PARTY PROS | WWW.PARTYPROSDJ.COM | (954) 583-7767
ELAN ARTISTS | WWW.ELANARTISTS.COM | (888) 800-3526
MARCIA MITCHELL MUSIC | WWW.MARCIAMITCHELLMUSIC.COM | (561) 963-5056
ROCK WITH U ENTERTAINMENT | WWW.ROCKWITHU.COM | (954) 404-6547
PRIVATE STOCK | WWW.PRIVATESTOCKBAND.COM | (954) 922-5448
MASTER MUSICIANS | WWW.MASTERMUSICIANSINC.COM | (561) 245-5324

INVITATIONS & PRINT COMPANIES

CARLA HAGAN CALLIGRAPHY & DESIGN | WWW.CARLAHAGANDESIGNS.COM | (561) 203-0894
THE WINDMILL PAPER BOUTIQUE | WWW.WINDMILLPAPER.COM | (561) 465-5018
CREATIVE TOUCH PARTY DESIGNS | WWW.CREATIVETOUCHPARTIES.COM | (561) 329-0942
INVITOS, ANGIE LUBIN | WWW.INVITOSPAPER.BLOGSPOT.COM | (561) 625-1499

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preferred vendors

EVENT PLANNERS

JACKIE BRESSLER EVENTS | WWW.JACKIEBRESSLEREVENTS.COM | (561) 922-5776
YOUR SPARKLING EVENT (JENNA) | WWW.YOURSPARKLINGEVENT.COM | (561) 801-0767
CREATIVE TOUCH PARTY DESIGNS | WWW.CREATIVETOUCHPARTIES.COM | (561) 329-0942
JENNIFER J EVENTS | WWW.JENNIFERJEVENTS.COM | (954) 822-2124

MAKEUP ARTIST/HAIR STYLIST

TEAM BEAUTI | WWW.TEAMBEAUTI.COM | (561) 358-2623
KISS THIS MAKEUP | WWW.KISSTHISMAKEUP.COM | (305) 792-8102
PHAIRIS LUXURY | WWW.PHAIRISLUXURY.COM | (561) 906-7408

CEREMONY OFFICIANTS (ON-SITE CEREMONIES)

REVEREND MICHAEL J CALDERIN | (954) 868-2957
REVEREND SEAN ALEXANDER | (561) 704-0544
CANTOR PAUL OFFENKRANTZ | (561) 315-4885
RABBI LAWRENCE M. SCHUVAL, D.D. | (954) 217-9169

OTHER CEREMONY SITES

ST. PAUL OF THE CROSS | WWW.PAULCROSS.ORG | (561) 626-1873
ROYAL POINCIANA CHAPEL | WWW.ROYALPOINCIANACHAPEL.COM | (561) 655-4212
TEMPLE ISRAEL | WWW.TEMPLE-ISRAEL.COM | (561) 833-8421
TEMPLE BETH AM | WWW.TEMPLEBETHAM.COM | (561) 747-1109
ST. CATHERINE'S GREEK ORTHODOX | WWW.STCATHERINE-WPB.ORG | (561) 833-6387

PARTY RENTALS & CUSTOM LINEN

ATLAS PARTY RENTALS | WWW.ATLASPARTYRENTAL.COM | (561) 547-6565
REGENCY PARTY RENTALS | WWW.REGENCYPARTY.COM | (561) 966-9322
ELEMENTS & ACCENTS | WWW.ELEMENTSANDACCENTS.COM | (305) 549-8626
EVENTS ON THE LOOSE | WWW.EVENTSONTHELOOSE.COM | (954) 933-1456
NUAGE DESIGNS | WWW.NUAGEDESIGNS.COM | (305) 573-7840
BBJ LINEN | WWW.BBJLINEN.COM | (813) 770-0314
OVER THE TOP LINEN | WWW.OVERTHETOPINC.COM | (954) 424-0076

TENTS

TENTLOGIX | WWW.TENTLOGIX.COM | (561) 596-5755
BETTER PARTY RENTALS | WWW.BETTERRENTALS.NET | (561) 893-9900
REGENCY PARTY RENTALS | WWW.REGENCYPARTY.COM | (561) 966-9322

LIMOUSINE/ TRANSPORTATION SERVICES

PARK LIMOUSINE | WWW.PARKLIMO.NET | (561) 832-2222
A1 LIMOUSINES | WWW.A1LIMOBUS.COM | (561) 202-9893
ABE'S LIMOUSINE SERVICE | WWW.ABESLIMOUSINESERVICE.COM | (561) 547-7773

MISCELLANEOUS

CAFÉ A LA CARTE | WWW.CAFEALACARTE.COM | (954) 349-1030
CAPTURE POD | WWW.CAPTUREPOD.COM | (561) 422-4819
ZAMBELLI FIREWORKS | WWW.ZAMBELLIFIREWORKS.COM | (800) 860-0955
PYRO PRODUCTIONS INC. | WWW.PYROPRODUCTIONS.COM | (866) 535-7976

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RESORT BAR AND LOUNGE

The day's end begins here

REDEFINING COCKTAIL HOUR

After an evening yoga class, unwind with a kombucha ginger mocktail or glass of organic wine in the chic comfort of our lobby bar and lounge. This candle-lit lounge provides an intimate space to relax and mingle. Serving innovative craft cocktails, healing elixirs, and an array of curated small plates.

OPEN DAILY FROM 10AM TO 10PM

L A J A

Small Plates

Quinoa Fritter (veg)
Green Goddess Dressing

Edamame Hummus (veg)
Chili sauce, Sesame oil, Wonton chip

Snapper Ceviche
Key Lime Coconut Broth, Blueberries, Cucumber, Quinoa popcorn, Jalapeño, Onion, Rice chip

Herb Avocado Mash
Dill & Mint, Lemon, Cumin, Turmeric, Crispy Pita

Organic Chicken Dumplings
Karabuta squash, Toasted ponzu

Tofu Pate
Mushroom duxell puree, Burnt rosemary sugar

Midnight Garden
House blend, Chocolate, Cinnamon, Strawberries, Crused almonds, 7 minute egg

Midnight Garden
House blend, Chocolate, Cinnamon, Strawberries, Crused almonds, 7 minute egg

Himalian Salt Block
Fluke crudo, Pjccalli

sophisticated dining with an ocean view



tula

(resort restaurant)



ayre

(discover vegan)



tazza

(beach bar)

TULĀ



TULĀ RESTAURANT

MEMORABLE MEALS ARE CREATED WITH INTENTION

A well balanced culinary experience featuring southern florida coastal cuisine with Asian & Mediterranean influences that you will remember long after the last bite. After a day of replenishing self-care, you're only be steps away from a beautifully set table with panoramic views of the Atlantic Ocean.

OPEN DAILY FOR BREAKFAST & DINNER
AVAILABLE FOR PRIVATE LUNCH GROUPS



SPECTACULAR CUISINE THAT SATISFIES & DELIGHTS

Sip fresh cold-pressed juice or share a plate of sprouted lentil fritters as you take in oceanfront views for breakfast, lunch or dinner. Our full-service restaurant is one of five dining options conveniently located on site; you don't have to go far to indulge in the pleasure of five-star cuisine or find a meal to fit your dietary preferences.



AYRE RESTAURANT

AYRE RAISES THE BAR FOR PLANT-BASED DINING

Ayre is a plant-based concept inspired by the practices of ayurveda, the menu filled with dishes tailored for each dosha, or energy type that circulates through the body. The dining room includes both indoor and outdoor seating, and invites you to further engage with and enhance your Amrit experience.

OPEN DAILY FOR BREAKFAST & DINNER
AVAILABLE FOR PRIVATE LUNCH GROUPS

MATTHEW KENNEY, CELEBRITY CHEF CRAFTING THE FUTURE OF FOOD





AYRE DEMO KITCHEN

The demonstration kitchen is not only a teaching venue, but an entertainment venue. Join us daily for “how to/hands on classes” and cooking demo’s. Daily, we will host an evening hands on class followed by a light reception. If you would prefer a private class, please inquire with our concierge to book it today! Our demonstration menus changes with the season and focuses on a heavy plant based diet.

PERSONALIZED MEAL PLANS

Your experience at Amrit can also include a personalized approach to gourmet wellness cuisine. In place of a printed menu for you, Amrit’s experienced, internationally trained chefs prepare your healthy natural dishes according to a custom meal plan created in co-ordination with the Head of Wellness based upon your health goals and physical condition.

PERSONALIZED MEAL PLANS DRAW UPON THE MOST RECENT SCIENTIFIC RESEARCH IN THREE MAIN AREAS:



VEGETERIAN

Fennel barley & citrus fruit salad
toasted sesame dressing



KETOGENIC

Grilled grass fed lamb
steak herb layered
summer squash cake wild
mushroom puree, herbs
and tamarind sauce



DETOX

Ndian pennyworth
& bulgur salad tamarillo
& grapefruit salsa.

Taaza



TAAZA ON THE BEACH

beachside bar services

Relax in the sunshine until your heart's content with a cocktail in hand or a healthy salad delivered to your cabana. Our beachside bar service offers food and beverages to make the most of your beach day. Taaza features healthy beach fare ranging from bowls, to wraps, salads, organic burger and flatbreads.

OPEN DAILY FOR LUNCH & DINNER

fired

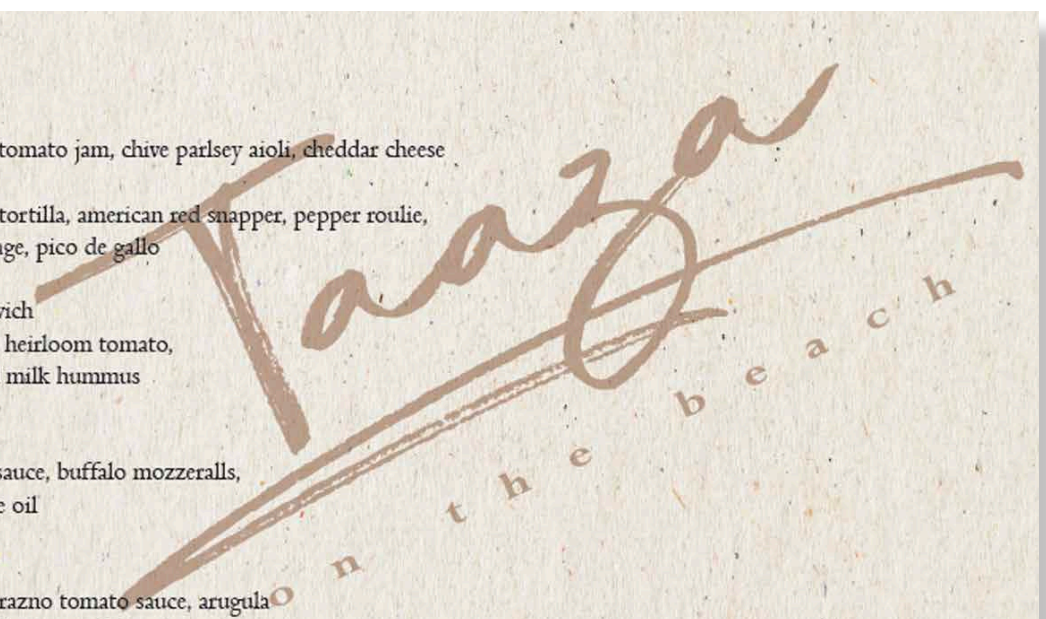
sunset burger
waygu blend, pickled tomato jam, chive parsley aioli, cheddar cheese

snapper tacos – corn tortilla, american red snapper, pepper roulie, avocado, shaved cabbage, pico de gallo

roasted chicken sandwich
dill cucumber yogurt, heirloom tomato, lettuce blend, almond milk hummus

margarita pizza
san marazno tomato sauce, buffalo mozzerrals, basil, extra virgin olive oil

beachside pizza
ricotta cheese, san marazno tomato sauce, arugula, blistered tomatoes, red onions, chili oil





SPA ENTRANCE



COUPLES' SPA ROOM



at amrit, your transformational journey begins

WITH THE MIND, BODY AND SPIRIT

AMRIT IS YOUR SANCTUARY

our customized experiences, retreats and packages blend timeless eastern traditions with groundbreaking western science to restore balance in your mind, body and spirit. This serene haven of natural beauty and fresh ocean air ignites the senses and relaxes the mind.

LET YOUR PERSONAL WELLNESS JOURNEY BEGIN

in a stress-filled, overly-scheduled world, sometimes you have to step away and redefine your priorities. Amrit's wellness spa is the perfect place to recharge. This lush, seaside escape has been carefully designed with four expansive floors of bespoke wellness services that encompass the five pillars of wellness: mindfulness, nutrition, fitness, relaxation and sleep. Here, your personal wellness guide will help you design a customized path to better health, allowing you to enjoy the balanced life you deserve filled with energy, joy & peace.



OCEANFRONT YOGA ROOM



OCEANFRONT LOUNGE AREA

the five pillars of wellness

ELEVATE YOUR MINDFULNESS, NUTRITION, FITNESS, RELAXATION AND SLEEP

A MULTI-LAYERED APPROACH TO YOUR TRANSFORMATION

what makes Amrit different from other luxury resort spas is our multi-layered approach to wellness that elevates the mind, body and spirit. Here you'll find extensive services and modalities rooted in our five pillars of wellness: mindfulness, nutrition, fitness, relaxation and sleep.



Mindfulness

To deliberately pay full attention to what is happening around you and within you (in your body, heart and mind) in the present moment. Mindfulness is awareness without criticism or judgement.



Nutrition

Nutrition is the study of food at work in our bodies, our source for energy and the medium for which our nutrients can function. Think of nutrition as the building blocks of life.



Fitness

A set of attributes that people have or achieve that relates to the ability to perform physical activities.



Relaxation

The state of being free from tension and anxiety, allowing oneself to completely and totally release, let go, and experience the care our team of wellness and spa professionals minister to you for your own unique well being.



Sleep

Getting a good night's sleep affects us mentally, physically and emotionally. Quality sleep encourages focus, lessens chances of accidents.



SPA POOLS

wellness lifestyle spa features:

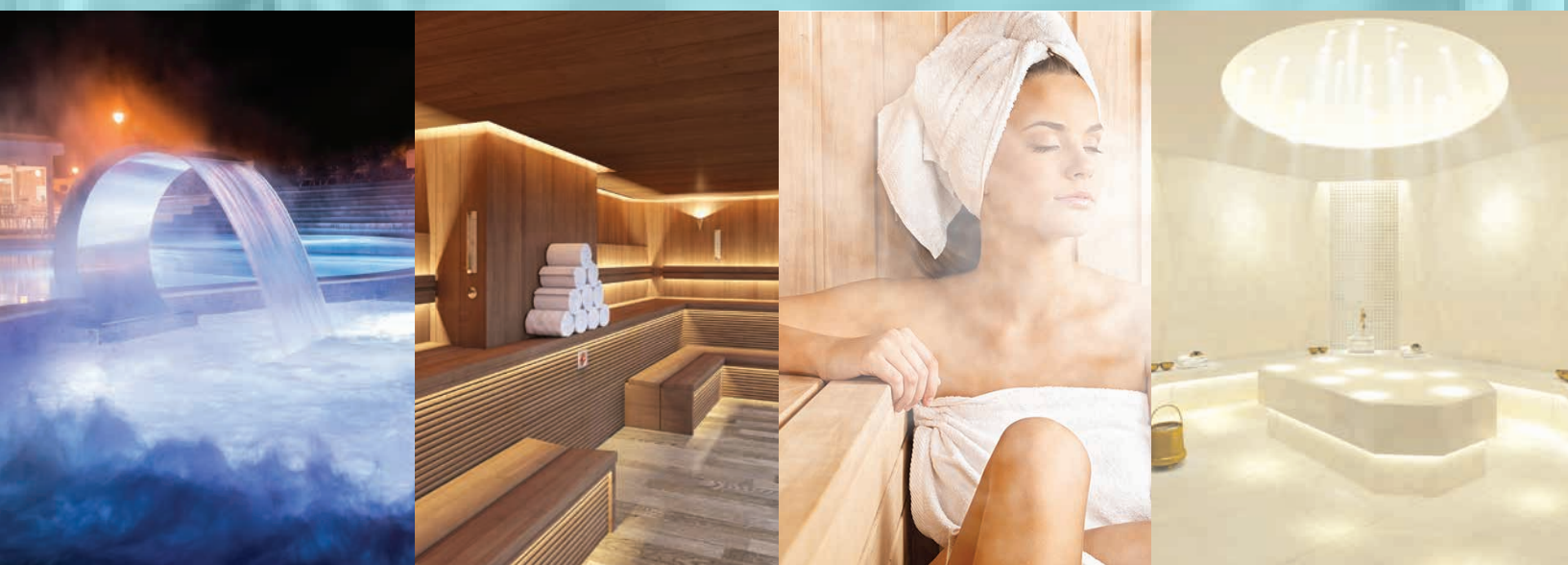
- 100,000 sq ft spa and wellness facility, four floors high, featuring indoor and outdoor spaces
- Aayush Hydrothermal Experience: the only indoor/outdoor hydrothermal experience in Florida spanning 40,000 sq ft and features heat therapy, cryotherapy and hydrotherapy through a sequence of hot and cold bathing pools, a Hydro-Reflexology Path, lap pool men's/women's/co-ed steam and sauna, Inhalation Salt Therapy Room, Arctic Chill Fountains (cold therapy has been shown to decrease inflammation and increase circulation) and an Effusion Shower which combined with aromas will shower you in a fine mist, an intense storm, a downpour of rain or mystic arctic chill
- Oceanfront demonstration kitchen featuring mid-day cooking classes, to enhance guests' knowledge in super foods, juice cleansing, organic healthy food, and more in front of an open residential-style kitchen
- Private beachfront wellness spa treatments
- Bespoke male and female spa changing rooms offer a luxurious experience with separate-sex thermal suites containing a steam room, sauna, experience shower, ice fountain and an outdoor salt-water brine pool surrounded by loungers in a private, walled terrace
- Wellness Zone featuring complimentary practitioners, naturopaths, nutritionists, acupuncturists, osteopaths, and hydrotherapy
- Infusion Zone featuring infusion therapy performed in a specialist lounge, allowing guests to relax as the valuable nutrients are gently administered. Vitamin Infusions are administered by a professional nurse, improve skin, hair, nails and boosting their energy levels
- Yoga, Spin, Meditation, Tai Chi, Pilates, Bootcamp, Qi Qong and more offered on a weekly basis
- Twenty-nine treatment rooms, 12 with in-room showers
- Two Couples' Suites with a steam shower and private ocean view terrace
- Thai Massage Room
- Ashiatsu Massage Room
- Hamam
- Two Body Scrub Treatment Rooms
- Oceanfront Relaxation Lounge
- Custom Scalp Treatments

AMENITIES AND SERVICES ARE SUBJECT TO CHANGE WITHOUT NOTICE.

an unparalleled hydrothermal experience awaits at amrit

AAYUSH

AAYUSH HYDROTHERMAL INCLUDES:



PRESENTING OUR EXCLUSIVE AAYUSH HYDROTHERMAL EXPERIENCE

Amrit Ocean Resort & Residences, in partnership with global experts in wellness modalities, heat therapy, cryotherapy, and hydrotherapy have developed the only indoor/outdoor hydrothermal experience in Florida spanning over 40,000 square feet. Amrit, which translates from Sanskrit to ‘elixir of life’ extends our concept of wellness for life with our exclusive hydrothermal experience, Aayush, part of our 100,000 square feet wellness amenities.

Amrit
OCEAN RESORT & RESIDENCES
WELLNESS FOR LIFE

hydro-Reflexology path

Amrit Aayush offers the only hydrothermal-focused curated experiences that are found nowhere else. Designed exclusively for Amrit, the Hydro-Reflexology Path, inspired by Kneipps therapy, improves circulation and brings the hydrothermal experience for feet and legs into the future. Walk the specially designed path with alternating hot and cold foot baths to encourage better circulation while foot reflex points are activated. This creates refreshment for feet and legs resulting in total body engagement. Conclude with a cold dip and emerge renewed.

replenishment pools

Gently step into our Replenishment Pools to ease and relax one’s self by naturally encouraging inner-healing as you walk across the pools. Submerge and feel a warming womb-like embrace in one, while the other tones as it cools the senses. Together both pools combine for a unique experience encouraging enhanced circulation.

pools

Amrit’s pools, including our Lap Pool, are ultra-filtrated for an optimum healthy experience. Our spectacular lap pool is ideal for water therapy, hydro classes and the traditional laps surrounded by beautiful Florida fauna and foliage.

steam and sauna

Aayush steam and sauna are essential to the hydrothermal wellness journey providing positive physiological effects and encouraging both physical and mental relaxation. Specially appointed with optimum comfort in design to relax and allow the beneficial heat to permeate the senses and release impurities, Aayush steam rooms have state-of-the-art systems to ensure constant warmth and high humidity to ensure optimum results. Mens, ladies or co-ed steam and sauna experiences are available. Close your eyes and allow the warmth to envelop your senses, ease discomfort and renew one’s self—emerge with a sense of being completely rejuvenated.

inhalation salt therapy chamber

Experience a powerful and special micro-climate that uses the negatively charged ions in salt vapor to improve health and combat mental lethargy. For centuries naturally-occurring salt caverns have been used by healers and shamans to treat respiratory ailments. Amrit’s Aayush specially designed halotherapy chamber uses the natural power of salt to holistically enhance both your energy and deep breathing like never before.

arctic chill fountains

An important aspect of our Aayush hydrothermal journey includes cold therapy, experienced with our specially designed Arctic Chill Fountains to aid increased circulation, toning and alleviate discomfort, from headaches to bodyaches. Cold-therapy has been shown to decrease inflammation and encourage a refreshing sense of renewal. Chill out with our Arctic Chill Fountains with a burst of arctic ice to invigorate your mind, body and senses.

effusion shower

Aayush Effusion Shower will take you on an incredible hydro-journey of soothing mists, intense deluge storms, a downpour of rain and a mystic arctic chill—each designed in combination with aromas to engage your senses. Emerge tranquil and cleansed with a refreshed sense of renewal and balance.

optimum experience, best results

Amrit’s professional wellness team will guide you through Aayush to obtain the optimum experience with the highest results. Enjoy the only extensive hydrothermal journey in Florida. Enjoy wellness for life with Amrit Aayush.

mindfulness and fitness offerings

OPTIONS THAT WORK UP A SWEAT

More than a club, our state-of-the-art Technogym fitness facility is an experience in ultimate strength and cardio training. Break a sweat with a variety of indoor and outdoor activities such as Yoga, Spin, Meditation, Tai Chi, Pilates, Bootcamp, Qi Qong and more offered on a weekly basis.



OCEANFRONT FITNESS CENTER WITH TECHNOGYM EQUIPMENT

MINDFULNESS

Calming the mind and connecting within is an integral part of well-being. Amrit's yoga, meditation and breathwork offerings are authentically curated by globally renowned wellness leaders.



HAIR HEALTH & BEAUTY SALON SERVICES

Our wellness spa offers a variety of hair and beauty services including cuts, color, hair and scalp therapy, nail treatments, make-up and waxing.



singer island, the epitome
of outdoor and coastal living

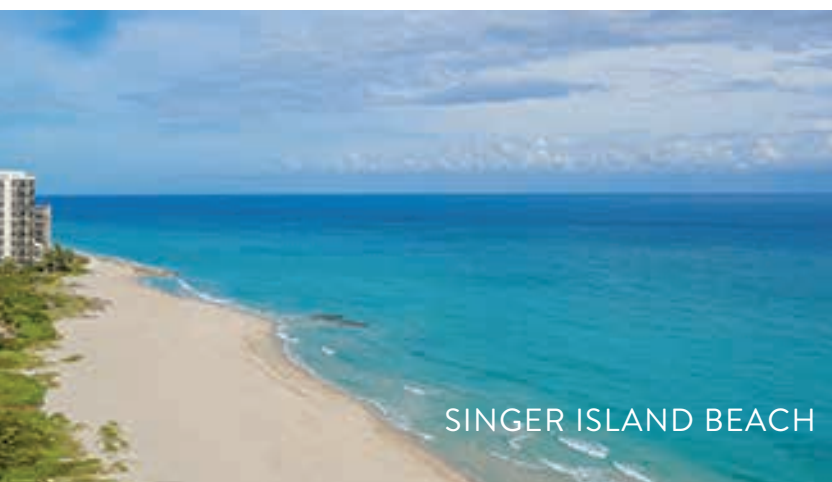
JOHN D. MAC ARTHUR STATE PARK

SINGER ISLAND IS YOUR ALL-IN-ONE DESTINATION
FOR OUTDOOR AND AQUATIC ACTIVITIES.

Home to John D. MacArthur Park and Phil Foster Park, the island is known for its premiere snorkeling, scuba, fishing, biking, and hiking spots. The beaches on Singer are a natural habitat for the loggerhead turtle, and just minutes from family friendly Loggerhead Marine Life Center. Singer Island is the perfect place for year-round activities. With several prestigious marinas the island is a haven for boaters and fisherman. Our team would be happy to arrange on your behalf.

reserved for a select few

A 20-minute ride from Palm Beach International Airport, and less than 60 miles from Miami and Ft. Lauderdale airports, the resort is easily accessed by shared ride and other car services. The new Brightline premium faster, inter-city rail service offers modern safe and clean trains from Miami and Ft. Lauderdale, direct to West Palm Beach with plans to expand to Orlando



SINGER ISLAND BEACH



LOGGERHEAD TURTLE



SINGER ISLAND WITH AMRIT IN THE FOREGROUND

Amrit
OCEAN RESORT & RESIDENCES



conveniently located



dining

OCEANWALK	0.5 MI
SAILFISH MARINA.....	0.9 MI
SEASON'S 52.....	5.0 MI
CARMINE'S	5.4 MI
THE RIVER HOUSE	5.4 MI



convenience stores

PUBLIX.....	1.2 MI
WALGREEN'S	1.6 MI
DRY CLEANERS	1.8 MI
STARBUCK'S	4.8 MI



golfing

NORTH PALM BEACH COUNTRY CLUB	5.9 MI
THE OCEAN COURSE AT THE BREAKERS	7.7 MI
THE BEARS CLUB	9.8 MI
PGA NATIONAL GOLF COURSES	10.2 MI



parks & recreation

OCEAN REEF PARK.....	0.4 MI
PHIL FOSTER PARK.....	1.0 MI
JOHN D. MACARTHUR STATE PARK & NATURE CTR	3.2 MI
PEANUT ISLAND PARK	11.1 MI



travel

BRIGHTLINE	6.7 MI
PALM BEACH INTERNATIONAL AIRPORT	10.2 MI
NORTH PALM BEACH COUNTY AIRPORT	15.8 MI
FORT LAUDERDALE INTERNATIONAL AIRPORT.....	58.5 MI

beach & water sports activities

Amrit Ocean Resort is nestled on the area's most expansive stretch of pristine beach where you can play in the waves or relax on the sand, as the peaceful sounds of the ocean overtake you. For your comfort, our beachfront offers private cabanas, umbrellas and chaise lounges, as well as beachfront food and beverage service. If you're feeling energetic, head out for an ocean adventure, whether it's a peaceful kayak or paddle board ride, snorkeling or a scuba tour, the ocean is your paradise to explore.



KAYAK RENTAL

(561) 776-7449 EXT 102
WWW.MACARTHURBEACH.ORG/KAYAK-RENTALS/



PADDLE BOARDING

(561) 596-3535
WWW.MACARTHURBEACH.ORG/PADDLEBOARDS/
WWW.HIGHPOINTPADDLE.COM/



DEEP SEA DIVING

PURA VIDA DIVERS: (561) 840-8750
WWW.PURAVIDADIVERS.COM



FISHING CHARTERS

SEAPREMACY FISHING CHARTERS: (561) 309-7022
WWW.SEAPREMACYFISHINGCHARTERS.COM
 PALM BREEZE CHARTERS: (561) 447-3320
WWW.PALMBREEZECHARTERS.COM



shop 'til you drop

Just minutes North you'll find an abundance of local shopping districts on the PGA Boulevard corridor at The Gardens Mall, Downtown at the Gardens, Legacy Place, and PGA Commons. A short drive South and you'll discover opulent Palm Beach Island, home to some of the world's most coveted shops and boutiques at Worth Avenue and Royal Poinciana Plaza.



THE GARDENS MALL
3101 PGA BLVD | PALM BEACH GARDENS, FL 33410
(561) 622-2115
WWW.THEGARDENSMALL.COM



WORTH AVENUE
WORTH AVENUE | PALM BEACH, FL 33480
WWW.WORTHAVENUE.COM



ROYAL POINCIANA PLAZA
340 ROYAL POINCIANA WAY | PALM BEACH, FL 33480
WWW.THEROYALPOINCIANAPLAZA.COM



DOWNTOWN AT THE GARDENS
11701 LAKE VICTORIA GARDENS AVENUE
PALM BEACH GARDENS, FL 33410
(561) 727-2640
WWW.DOWNTOWNPBG.COM



PGA COMMONS
5100 PGA BLVD | PALM BEACH GARDENS, FL 33418
(561) 630-8630
WWW.PGACOMMONS.COM



PALM BEACH OUTLETS
511751 PALM BEACH LAKES BLVD
WEST PALM BEACH, FL 33401
(561) 630-8630
WWW.TANGEROUTLET.COM

CITY PLACE
700 SOUTH ROSEMARY AVENUE
WEST PALM BEACH, FL 33401
(561) 366-1000
WWW.THESQUAREWESTPALM.COM

CITY PLACE AT NIGHT



CHIHULY GLASS ARTWORK

art & entertainment

Palm beach county is home to many world-class museums and galleries. The scenic beauty of south florida has inspired generations of artists and collectors, creating a kaleidoscope of art and culture. Step inside the gilded palace of henry morrison flagler at the historic flagler museum on palm beach island. Indulge the eyes in the marvelous exhibits at the recently expanded norton museum of art showcasing an array of cultures and mediums, there is plenty to wow and inspire.



HENRY MORRISON FLAGLER MUSEUM

ONE WHITEHALL WAY | PALM BEACH, FL 33480
(561) 655-2833
WWW.FLAGLERMUSEUM.US



NORTON MUSEUM OF ART

1450 S DIXIE HWY | WEST PALM BEACH, FL 33401
(561) 832-5196
WWW.NORTON.ORG



KRAVIS CENTER

701 OKEECHOBEE BLVD | WEST PALM BEACH, FL 33401
(561) 832-7469
WWW.KRAVIS.ORG



SOCIETY OF THE FOUR ARTS

100 FOUR ARTS PLAZA | PALM BEACH, FL 33480
(561) 655-7227
WWW.FOURARTS.ORG



ARMORY ART CENTER

811 PARK PLACE | WEST PALM BEACH, FL 33401
(561) 655-7227
WWW.ARMORYART.ORG

amrit resort policies

CHECK IN: 4:00 p.m.

CHECK OUT: 11:00 a.m.

cancellations and deposits*

CANCELLATION BASED ON STAY DATE

MAR 1 – MAY 15 (PEAK SEASON): Must cancel at least 7 days prior to arrival.

MAY 16 – DEC 23 (OFF SEASON): Must cancel at least 3 Days prior to arrival.
Deposit of one night room and tax.

FESTIVE (DEC 24 – JAN 4): Must cancel by 11/1 or all deposits will be forfeited. All payments to be made by 11/1. Festive deposit 50% of rooms and tax at the time of booking. Deposit will be charged at the time of reservations which will be refundable up to the cancellation policy prior to the arrival.

** Subject to change. If reservations are not cancelled within the time frame above, the deposit will not be refunded. Reservations during certain special events or holidays may be subject to different cancellation policies*

wellness packages

Require a 50% deposit at time of booking with a 14 day cancellation policy. Any package cancelled within 14 days; deposit will be forfeited. No refunds will be made for unused package components. No resort fees on the Wellness Packages.

early arrivals/late departures

Requests for early check-ins and late check-outs are not guaranteed. If you are planning on an early arrival and you would like immediate access to your room we recommend reserving for the prior night. Similarly, for late departures, reserving an additional night will guarantee access until you depart.

early departures

Check-out prior to originally booked departure date will result in a charge of one night's room and tax.

resort charge

Amrit Ocean has a mandatory resort Hospitality Services Charge of \$45.00 per evening. (Included in all wellness packages).

THE \$45 RESORT HOSPITALITY SERVICES CHARGE INCLUDES:

- Beach Valet - 2 Lounge Chairs and 1 Umbrella for the Day.
- Beach Gear - 1 Hour of Free Rental, for 2 People, for Non-Motorized Beach Gear (Boogie Boards, Floats, Surf Boards, Paddle Boards, Bicycles, etc.).
- Car Service for 3-Mile Radius from Hotel.
- Daily Posted Resort Wellness Activity, Based on Availability.
- Access to Amrit's Exclusive Satsang Social Every Evening.
- Introductory Fitness Training Session, based on availability.
- Casting Service From Your Personal Device to Your In-Room Television.
- Free Daily Newspaper, Monday – Saturday (USA Today).
- Complimentary Aluminum Branded Water Bottles, Refillable at Stations Around Resort.
- Use of Resort Beach and Pool Towels.
- Coffee and Tea Service In Lobby.
- 24 Hour Business Center.
- 24 Hour Fitness Center.
- Free Wi-Fi Throughout Entire Property.
- Free Fax Services (Incoming & Outgoing).
- Free Local Phone Calls, Domestic Long Distance Calls and Toll Free Calls.

extra occupancy charge

ADULT: \$100 Extra per Night for 3rd Adult and Up
CHILD UNDER 5 YEARS: Free
CHILD 5-12: \$100 Extra per Night for 3rd and Up

taxes

TOTAL TAXES 13%

- City Occupancy Tax 6%
- Sales Tax 7%

method of payment

Visa, Diners Club, Discover, MasterCard, and American Express are accepted. Credit cards must be presented upon arrival or a credit card authorization must be received prior to arrival with the cardholder's signature. If paying by cash, we still require a credit card to be kept on file for any incidental charges. Direct billing must be arranged with the hotel prior to arrival.

amrit resort policies (cont'd)

parking

VALET PARKING ONLY: \$35 per Day (Included in All Wellness Packages)

roll aways & cribs

We have a limited number of roll away beds and cribs available for \$50 per stay. Please request one upon booking your reservation if needed. Due to fire codes not all rooms are able to accommodate roll aways, please check with your reservation agent when booking.

refrigerators

Each resort guestroom has a stocked minibar fridge for your convenience.

smoking policy

Wellness is our number one priority. All of our resort guestrooms are non-smoking and there is no smoking on guestroom balconies or patios. In addition, smoking is prohibited on pool decks, restaurant patios, and beach. This policy also applies to electronic smoking devices.

privacy policy

At Amrit Ocean Resorts & Residences, we value privacy and are committed to earning the trust of our guests by adopting high standards for the protection of personal information. The following discloses our information gathering and dissemination practices for this website: amritoceanresort.com. Our site uses forms for guests to request information, products, and services. Within these forms, we collect contact information (like email addresses). We may also run contests on our site in which we ask for contact information.

Contact information is used to send promotional material from our property and selected partners to our guests. Contact information is also used to get in touch with our guests when necessary. It is our intention to only send email communications that will be useful and that our guests want to receive. Guests may opt-out of receiving future mailings. This site contains links to other sites. amritocean.com is not responsible for the privacy practices or the content of such websites. Amrit Ocean uses Sabre/SynXis for its reservations engine. The data collected is subject to the privacy statements found on <http://www.synxis.com/>.

pet policy agreement

Welcome to The Amrit Ocean Resort and Residences. We look forward to providing a memorable stay for you and your pet. To ensure the comfort and enjoyment of our guests the following policies apply to your pet's stay:

- Pet Fees.** There is a \$200.00 USD non-refundable Pet Cleaning Fee per stay, per pet. Service animals are exempt.
- Damage Assessment.** You will be billed for any damage caused by your pet or for any extraordinary cleaning necessary after your dog's stay. You must tender a valid credit card at check-in as payment for any damage or extraordinary cleaning costs related to your pet's stay. By signing this agreement, you expressly authorize the Hotel to charge these costs to your credit card during or after your stay.
- Acceptable Pets.** We welcome all well-mannered, disease-free pets weighing 40 pounds or less. We reserve the right to require immediate removal of any pet that displays dangerous or unacceptable behavior, including, but not limited to, biting, excessive barking, evidence of disease, or urination or defecation in public areas. No more than two dogs may occupy each guest room. You will be responsible for all charges relating to the removal of your pet including transportation and kennel charges.
- Pet-Friendly Areas.** Pets are not allowed in public areas where F&B is served or consumed. For your convenience, a Pet Walk and waste receptacle are located [INSERT specific names of locations]. Please dispose of dog waste appropriately.
- Pet Control / Containment in Public Areas.** Pets must be leashed, caged, or firmly held when they are in all common areas of the hotel, including the Pet Walk / Beach.
- "Do Not Disturb" Sign.** Please place the "Do Not Disturb" sign on the outside of your door whenever your pet is in your room. We kindly ask that the pet not be left in the room unattended at any time during your stay. For your convenience our concierge team can assist you with arranging a dog sitter for your stay.
- Housekeeping.** For the safety and comfort of your pet, Housekeeping will enter your room only if: (a) your dog is not present or (b) you are present, and your dog is leashed or caged. Please contact our Call Center to arrange a convenient time to service your room.
- Insurance.** You represent that you maintain personal liability insurance in reasonable amounts sufficient to protect against damage or injury caused by your dog.
- Release and Indemnification.** You agree to release, defend, and indemnify The Amrit Ocean Resort and Residences from any and all claims or damages related to your pet or your pet's stay at the Hotel, including any claims by third parties.

AGREED AND ACCEPTED

_____ PET NAME	_____ YOUR NAME
_____ PET WEIGHT	_____ SIGNATURE
_____ PET BIRTHDAY	_____ CELL NUMBER
_____ TODAY'S DATE	_____ ROOM NUMBER