



ARTIST'S RENDERING

Wellness Lifestyle Spa Features:

- 100,000-square feet spa and wellness facility, four floors high, featuring indoor and outdoor spaces
- Aayush Hydrothermal Experience: the only indoor/outdoor hydrothermal experience in Florida spanning 40,000 square feet and features heat therapy, cryotherapy and hydrotherapy through a sequence of hot and cold bathing pools, a Hydro-Reflexology Path, lap pool men's/women's/co-ed steam and sauna, Inhalation Salt Therapy Room, Arctic Chill Fountains (cold therapy has been shown to decrease inflammation and increase circulation) and an Effusion Shower which combined with aromas will shower you in a fine mist, an intense storm, a downpour of rain or mystic arctic chill
- Oceanfront demonstration kitchen featuring mid-day cooking classes, to enhance guests' knowledge in super foods, juice cleansing, organic healthy food, and more in front of an open residential-style kitchen
- Private beachfront wellness spa treatments
- Bespoke male and female spa changing rooms offer a luxurious experience with separate-sex thermal suites containing a steam room, sauna, experience shower, ice fountain and an outdoor salt-water brine pool surrounded by loungers in a private, walled terrace
- Wellness Zone featuring complimentary practitioners, naturopaths, nutritionists, acupuncturists, osteopaths, and hydrotherapy
- Infusion Zone featuring infusion therapy performed in a specialist lounge, allowing guests to relax as the valuable nutrients are gently administered. Vitamin Infusions are administered by a professional nurse, improve skin, hair, nails and boosting their energy levels
- Yoga, Spin, Meditation, Tai Chi, Pilates, Bootcamp, Qi Gong and more offered on a weekly basis
- Twenty-nine treatment rooms, 12 with in-room showers
- Two Couples' Suites with a steam shower and private ocean view terrace
- Thai Massage Room
- Ashiatsu Massage Room
- Hamam
- Two Body Scrub Treatment Rooms
- Oceanfront Relaxation Lounge
- Custom Scalp Treatments

Amenities and services are subject to change without notice.